**Online Autism Support for Parents**



Click to follow the links

[Family support (autism.org.uk)](https://www.autism.org.uk/what-we-do/support-in-the-community/family-support)

**Daisy Chain** [**www.daisychainproject.co.uk**](http://www.daisychainproject.co.uk) **Virtual support 0800 -31 5445**

[Where to get support if you're autistic - NHS (www.nhs.uk)](https://www.nhs.uk/conditions/autism/support/)

[Support, advice and services for children with autism - Child Autism UK - releasing potential](https://www.childautism.org.uk/)

**Child Autism HELPLINE – If you need advice or support just call 01344 882248**

[Parent to Parent Support - Child Autism UK - releasing potential](https://www.childautism.org.uk/for-families/parent-to-parent-support/)

[Ambitious about Autism | National charity for autistic children and young people](https://www.ambitiousaboutautism.org.uk/)

[Useful links - Family Action (family-action.org.uk)](https://www.family-action.org.uk/what-we-do/children-families/send/send-info/useful-links/)

[ASD Puberty - YouTube](https://www.youtube.com/watch?v=W9N9F8Nvj_E)

[Autistic children preparing for puberty | Raising Children Network](https://raisingchildren.net.au/autism/development/physical-development/preparing-for-puberty-asd)

