**Spring Term 2022 – Name: ………………………………………………**

**COST**

£2.60 per day

£13.00 per week

Please tick your main & dessert options on each day below:

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Week 1: w/c 3rd & 24th Jan, 14th Feb, 14th March & 4th April** | | | | |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Main meal option | Main meal option | Main meal option | Main meal option | Main meal option |
| Jacket potato with Beans | Jacket potato with tuna | Jacket potato with cheese | Jacket potato with beans | Jacket potato with beans |
| Sandwich with ham | Cheese panini | Sandwich with egg | Cheese Panini | Cheese sandwich |
| Main dessert option | Main dessert option | Main dessert option | Main dessert option | Main dessert option |
| Fruit | Yoghurt | Fruit | Yoghurt | Fruit |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Week 2: w/c 10th & 31st Jan, 28th Feb & 21st March** | | | | |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Main meal option | Main meal option | Main meal option | Main meal option | Main meal option |
| Jacket potato with beans | Jacket potato with cheese | Jacket potato with tuna | Jacket potato with cheese & beans | Jacket potato with tuna & Cucumber |
| Cheese panini | Egg Sandwich | Sandwich with ham | Sandwich with tuna | Sandwich with cheese |
| Main dessert option | Main dessert option | Main dessert option | Main dessert option | Main dessert option |
| Yoghurt | Fruit | Yoghurt | Fruit | Yoghurt |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Week 3: w/c 17th Jan, 7th Feb, 7th & 28th March** | | | | |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Main meal option | Main meal option | Main meal option | Main meal option | Main meal option |
| Jacket potato with beans | Jacket potato with tuna | Jacket potato with cheese | Jacket potato with tuna | Jacket potato with cheese |
| Cheese panini | Egg sandwich | Sandwich with tuna | Sandwich with cheese | Tuna sandwich |
| Main dessert option | Main dessert option | Main dessert option | Main dessert option | Main dessert option |
| Fruit | Yoghurt | Fruit | Yoghurt | Fruit |

Sandwiches are served with a salad and potatoes. Jacket Potatoes are served with a salad or vegetables.

Please only choose a maximum of 2 Jacket Potatoes or 2 sandwiches per week to ensure we are complying with our Healthy Eating guidelines. Thank you