**Spring Term 2021 – Name: ………………………………………………**

**COST**

£2.60 per day

£13.00 per week

Please tick your main & dessert options on each day below:

|  |
| --- |
| **Week 1: w/c 4th Jan, 25th Jan, 22nd Feb, 15th Mar** |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Main meal option | Main meal option | Main meal option | Main meal option | Main meal option |
| Jacket potato with cheese | Jacket potato with tuna | Jacket potato with beans | Jacket potato with cheese | Jacket potato with tuna |
| Sandwich with ham | Sandwich with cheese | Sandwich with tuna | Sandwich with ham | Sandwich with cheese |
| Main dessert option | Main dessert option | Main dessert option | Main dessert option | Main dessert option |
| Fruit |  | Fruit | Yoghurt | Fruit |

|  |
| --- |
| **Week 2: w/c 11th Jan, 1st Feb, 1st Mar, 22nd Mar** |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Main meal option | Main meal option | Main meal option | Main meal option | Main meal option |
| Jacket potato with cheese | Jacket potato with tuna | Jacket potato with beans | Jacket potato with cheese | Jacket potato with tuna |
| Sandwich with ham | Sandwich with cheese | Sandwich with tuna | Sandwich with ham | Sandwich with cheese |
| Main dessert option | Main dessert option | Main dessert option | Main dessert option | Main dessert option |
| Fruit |  | Fruit | Yoghurt | Fruit |

|  |
| --- |
| **Week 3: w/c 18th Jan, 8th Feb, 8th Mar** |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Main meal option | Main meal option | Main meal option | Main meal option | Main meal option |
| Jacket potato with cheese | Jacket potato with tuna | Jacket potato with beans | Jacket potato with cheese | Jacket potato with tuna |
| Sandwich with ham | Sandwich with cheese | Sandwich with tuna | Sandwich with ham | Sandwich with cheese |
| Main dessert option | Main dessert option | Main dessert option | Main dessert option | Main dessert option |
| Fruit |  | Fruit | Yoghurt | Fruit |

Sandwiches are served with a salad and potatoes. Jacket Potatoes are served with a salad or vegetables.

Please only choose a maximum of 2 Jacket Potatoes or 2 sandwiches per week to ensure we are complying with our Healthy Eating guidelines. Thank you